

May 2018



FReSH eNews

Ag Safety & Health Community of Practice—eXtension

May is Mental Health Month

Mental health and stress in agriculture has been receiving a lot of attention lately. Michigan State University Extension offers a new online course for managing farm stress. The course is designed for farm families to help them better understand stress, signs and symptoms, and ways to develop a more productive mindset. For more information about online class, click [HERE](#) to visit their website.

NCERA-197: Agricultural Safety and Health Research and Extension

A committee called the North Central Education/Extension Research Activity (NCERA) 197 was founded in 2000 to develop strategies to use the land-grant system's research and extension capacity and the experience of agricultural producers to reduce work-related injuries, illness, and death. The committee meets twice a year and the committee's focus is on the development of an updated National Agenda for Action that prioritizes areas and topics related to agricultural safety and health in which research or extension gaps exist. Click [HERE](#) to learn more about NCERA-197.

ISASH Conference

The ISASH Conference is June 24—28, 2018 in Halifax, Nova Scotia. It is not too late to register. Farm tour options include dairy, winery, or a fishery. Don't miss this great opportunity to learn more about ag safety and health. Click [HERE](#) to visit their website for more information and to register.

SAY National Clearinghouse

Ag safety and health curriculum or resources that align with AFNR standards can be promoted through the SAY National Clearinghouse. Contact [Linda Fetzer](#) or visit the [SAY Project](#) homepage.

Thank you to the CHS Foundation for their support of eXtension.

FReSH Article Highlights:

- [Hearing Loss and Protection](#)
- [Women in Agriculture](#)
- [Production Ag & Stress](#)
- [Mechanical Hazards: Stored Energy](#)



FReSH: <http://www.extension.org/agsafety>

Questions or comments? Email Linda Fetzer at lmf8@psu.edu.